

# Diamond's Mixed Martial Arts Academy at City Fitness

10-8-09

200 Spring Garden St. Philadelphia, PA 19123 215-923-8700

[www.diamondmma.net](http://www.diamondmma.net)

kids [www.martialartskids.org](http://www.martialartskids.org)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Instructors:	Steve Barnabai Tom Hunter Scott Dozier Gerard Woel Bob Campbell Pat Stano Shane Streater Vincent Jackson Paul Balsavage Mat Brickner Little Ninjas 4-4:45 pm	Gerard Woel Roland Nichols Bob Campbell	Gerard Woel Jon Paul Joe Aquaro Shane Streater  Little Ninjas 4-4:45 pm	Gerard Woel Jon Paul	Joe Diamond Scott Dozier  Muay Thai 12-1 pm Gracie Jiu-jitsu 1-2 pm Family Martial Arts 2-3 pm
	Kids Jiu-jitsu 5:30-6 pm Family Martial Arts 6-6:40 pm		Black Belt Club 5:30-6:15	Family Martial Arts 5:30-6:15 pm	
Muay Thai Kickboxing 6:30-7:30 pm Gracie Jiu-jitsu 7:30-8:30 pm	Muay Thai Kickboxing 6:40-7:35 pm Gracie Jiu-jitsu 7:35-8:30 pm (Mixed) Gracie Jiu-jitsu 9-9:30 pm (Black Belt Class)	Muay Thai Kickboxing 6:30-7:30 pm Gracie Jiu-jitsu 7:30-8:30 pm (Beginner)	Muay Thai Kickboxing 6:30-7:30 pm Gracie Jiu-jitsu 7:30-8:30 pm (Mixed)		

